

# Jackson County Schools Cycle Menu

A

Menu Subject to Change at the Director's Discretion

Entrée	BBQ Rib Sandwich	Crazy Taco	Chicken Nuggets	Hot Ham & Cheese	Bosco Sticks
	Or WG Corn Dog	Or Chicken Fajita	Or Bologna Sandwich	Or Hot Dog/Chili	Or Club Sub
Veggies	Romaine Salad	Chopped Romaine	Mashed Potatoes	Baked Beans	Lettuce/Tomato
	w/Tomatoes	Diced Tomatoes	Lettuce/Tomato	Tater Tots	Marinara Sauce
	Whole Kernel Corn	Salsa	Green Beans	Broccoli/Ranch	Pickle Slices
	Pickle Spears	Pepper Strips	Veggie Juice	Veggie Juice	Carrot Sticks
	Veggie Juice	Veggie Juice		Veggie Juice	Veggie Juice
Fruits	Apple	Fresh Grapes	Banana	Orange Wedges	Chilled Peaches
	Frozen Peach Cup	Side Kick Cup	Applesauce	Strawberries	Mandarin Orange
	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Grains	WG Bun	WG Doritos	WG Bread	WG Hamburger or	WG Bun
		WG Tortilla	WG Roll	WG Hotdog Bun	Macaroni/Cheese
Dairy	Low Fat or	Low Fat or	Low Fat or	Low Fat or	Low Fat or
	Fat Free Milk	Fat Free Milk	Fat Free Milk	Fat Free Milk	Fat Free Milk
Other	Lite Ranch Dressing	FF Sour Cream	BBQ Sauce	Mustard	Lite Mayo
	Mustard	Lite Ranch Dressing	Lite Mayo	Ketchup	Lite Ranch Dressing
	Ketchup	Taco Sauce	Mustard	Lite Ranch Dressing	

# Jackson County Schools Cycle Menu

B

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Entrée	Pizza	Sloppy Joe Sandwich	Spaghetti /Meatballs	Tangerine Chicken	Sausage or Ham
	Or Chicken Sandwich	Or Meatball Sub	Or Hamburger on Bun	Or Turkey/Ham Wrap	Or Chicken Tenders
Veggies	Romaine Salad w/ Cherry Tomatoes	Broccoli/Ranch Dip	Carrot/Cucumbers	Grilled Peppers/ Onions/ Broccoli/	Hash Browns
	French Fries	Tater Tots	Lettuce/Tomato	Cauliflower	Green Beans
	Dill Pickles	Baked Beans	Coleslaw	Egg Roll	Glazed Carrots
	Veggie Juice	Veggie Juice	Veggie Juice	Veggie Juice	Veggie Juice
Fruits	Melon Bowl	Tropical Fruit Mix	Side Kick Cup	Mandarin Oranges	Baked Apples
	Apple	Peach Slices	Frz. Strawberry Cup	Pineapple Chunks	Fruit Cocktail
	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Grains	WG Bun	WG Bun	Garlic Toast	Lo-Mein Noodles	Biscuit
			WG Bun	WG Tortilla	
Dairy	Low Fat or Fat Free Milk	Low Fat or Fat Free Milk	Low Fat or Fat Free Milk	Low Fat or Fat Free Milk	Low Fat or Fat Free Milk
Other	Lite Mayo	Shredded Mozzarella	Parmesan Cheese	Lite Mayo	Gravy
	Ketchup	Ketchup	Lite Mayo	Lite Ranch	BBQ Sauce
	Lite Ranch Dressing	Mustard	Mustard/Ketchup		Ketchup
			Lite Ranch Dressing		

# Jackson County Schools Breakfast Menu

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Sausage Biscuit	Good Gravy Pizza	Yogurt Parfait	Breakfast Bowl	Egg Muffin
Cereal/Graham Crackers	Cereal/Toast	Pop Tart	Cereal/Toast	Cereal Bar
Pop Tart	Pancake on a Stick	Cereal/Graham Crackers	Yogurt Parfait	Mini Waffles
Fresh Fruit	Fresh Fruit	Applesauce	Banana	Fruit Cup
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Veggie Juice	Veggie Juice	Veggie Juice	Veggie Juice	Veggie Juice
Milk	Milk	Milk	Milk	Milk